



## **Legacy Gymnastics Current Safety Guidelines**

**9/16/2021**

- Families & Staff are asked to take a wellness check before participating at Legacy, do not visit or attend class/practice if you have symptoms of being ill.
- **MASKS ARE NOW REQUIRED 9/16/21:**  
for participants, staff and visitors (ages 2 year and older) who are not yet fully vaccinated. Gymnasts can pull their masks down when they are actively doing gymnastics per MDH for their safety.
- Masks are recommended for vaccinated participants, especially when they are in closer contact with other individuals.
- Staff will be prepared to wear a mask, when in close contact with gym participants that prefer staff to be masked. **Please fill out a form at the front desk so we can assure the proper communication to the coaches.**
- Participants, staff and visitors will need to sanitize their hands before they enter their class/practice.
- Participants, staff and visitors are reminded often to keep proper distance from other participants.
- If a participant or staff member tests positive for COVID-19, Legacy will require that participant/staff member to:
  1. Stay home for 10 days after symptom onset or 10 days after specimen collection.
  2. Must be fever free for at least 24 hrs without fever reducing medication.
  3. Show other symptoms of COVID-19 are improving.
- Only people who test positive for COVID-19 and their unvaccinated household members will be required to quarantine. The CDC recommends all those, vaccinated and unvaccinated, who have been exposed to a person with COVID-19, be tested 3 to 5 days after exposure, even if asymptomatic. **Legacy asks to wear a mask even if you are vaccinated if you have been in possible close contact for at least 14 days.**
- Legacy will continue our daily cleaning and disinfecting high-touch surfaces to reduce the risk of spreading COVID-19 and other infectious diseases. Per CDC guidance, cleaning once a day is enough to remove potential viruses that are on surfaces.

